

## UG PSYCHOLOGY

### GENERAL ELECTIVE PAPERS

#### I SEMESTER

#### GENERAL PSYCHOLOGY (6 CREDITS= 5 L+1T+0P)

**Objective:** Provide an overview of the basic concepts in psychology to help in better communication and enhance adjustment in life and work

**Unit 1: Orientation to Psychology:** Nature, fields and applications of psychology; Cognitive Processes: Learning, Characteristics of learning, memory, theories of memory, and problem solving (12 hours)

**Unit 2: Conative Processes:** Motivation, types of motives (Sociogenic/Psychogenic motives); Affective Processes: Emotion, Positive and negative emotion (12 hours)

**Unit 3: Psychology of Individual Differences:** What is Personality? Theories of personality: Freudian psychoanalysis, type and trait; humanistic; What is Intelligence? Theories of intelligence: Spearman 'g' theory, Sternberg and Gardner; Emotional intelligence; Assessment of intelligence and personality (14 hours)

**Unit 4: Understanding Developmental Processes:** Cognitive Development: Piaget; Moral Development: Kohlberg; Psycho-social Development: Erikson (12 hours)

**Unit 5: Applications of Psychology:** Work; Health (10 hours)

#### **Readings:**

Chadha, N.K. & Seth, S. (2014). The Psychological Realm: An Introduction. Pinnacle Learning, New Delhi.

Ciccarelli, S. K & Meyer, G.E (2008). Psychology (South Asian Edition). New Delhi: Pearson

Feldman.S.R.(2009).Essentials of understanding psychology ( 7<sup>th</sup> Ed.) New Delhi : Tata McGraw Hill.

Glassman,W.E.(2000).Approaches to Psychology(3<sup>rd</sup> Ed.) Buckingham:OpenUniversity Press.

Michael ,W., Passer, Smith,R.E.(2007). Psychology The science of mind and Behavior. New Delhi :Tata McGraw-Hill.

## II SEMESTER

### INTER-GROUP RELATIONS (6 CREDITS= 5 L+1T+0P)

**Objective:** To understand the significance of healthy inter-group relations for the society and learn the strategies of resolving intergroup conflicts.

**Unit 1: Introduction:** Groups: What are they? How they function: role, status, norms and cohesiveness, How groups affect individual performance, social facilitation, social loafing (12 hours)

**Unit 2:** Cooperation vs. competition; Classical study of Robbers cave experiment; Realistic conflict theory, Perceived fairness in groups, its nature and effects (12 hours)

**Unit 3: Social categorization and conflict:** In-group vs. out-group; Consequences of social categorization: Cognitive biases & stereotypes, conflict and social categorization. (12 hours)

**Unit 4: Cultural aspects of intergroup relations:** Social identity, Gender Stereotypes, case studies in the Indian context. (12 hours)

**Unit 5: Resolving intergroup conflict:** Intergroup contact; Promoting intergroup cooperation; Conflict management strategies. (12 hours)

#### **Readings:**

Baron, R.A., Branscombe, N.R, Byrne,D. &Bhardwaj, G. (2009) Social psychology. New Delhi: Pearson.

Keyton, J. (2006). Communicating groups-building relationships in group effectiveness. New York: Oxford University Press.

Smith, P.B., Bond, M.H &Kagitcibasi, C.(2006) Understanding social psychology across culture. New Delhi : Sage Publications.

Zorsyth, D.R. (2009) Group dynamics.Broke/Cole: Wadsworth .