

# World Mental Health Day

10<sup>th</sup> October, 2017

All are cordially invited to participate actively. This year's theme for World Mental Health Day is "Mental Health in the Work place". So without deviating from the theme, the Department of Psychology (Cotton University) in association with North East Indian Association of Applied Psychology (NEIAAP) is organizing a day-long programme comprising of a talk by an eminent Psychiatrist of Assam followed by inter-college oral paper-presentation & caption-writing competitions, rally, street play and songs composed by the Psychology Department students. Let's join hands together to make this event a grand success.

**North East Indian Association of Applied Psychology (NEIAAP)**  
in association with  
**Department of Psychology, Cotton University**

invites you to

A Day-long Programme on the occasion of World Mental Health Day (10<sup>th</sup> October, 2017)

**THEME FOR 2017: MENTAL HEALTH IN THE WORKPLACE**

*9:30-10:00 AM: Registration*

*10:00-10:30 AM: Inaugural address by **Dr. Dimpy Mahanta** (President, NEIAAP )*

*10:30-11:30 AM: An interactive session on the theme "Promoting Mental Health at Work-Place"  
by renowned Psychiatrist of Assam, **Dr. Sangeeta Datta***

*11:45-1:00 PM: Inter-college and Inter-university **Paper-Presentation & Caption-writing Competition** on the theme "Mental Health in the Workplace"*

*1:30-3:00 PM: Rally, Street Play & Song composed by the students of MA Psychology (Cotton University)  
to create public awareness on this year's theme for World Mental Health Day*

**VENUE: SUDMERSEN HALL (COTTON CAMPUS) Contact: mahantadimpy@gmail.com**